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Research experience

Assistant professor

2011-now

- Writing research proposals for funding.
- Run quantitative and qualitative research.
- Writing manuscripts for publication.

PhD research

2007-2011

- Sensorimotor and reaction time deficits in patients with chronic tennis elbow

MSc research

2006

- Balance in single leg standing after ankle cold immersion

Teaching and training experience

Assistant professor

2011-now

University of Jordan

- Deliver theoretical lectures and practical sessions.
- Design course packages and review the curriculum.
- Supervise the students in their clinical placement.
- Undertake written and oral practical assessment for BSc physiotherapy students
- Prepare Quality assurance and accreditation documents
- Design and deliver training courses.
 - Project- based learning workshop (For teaching staff at university) 2017
 - Evidence based practice workshop (For physiotherapists) 2016

Associate lecturer (casual basis)

2006-2011

Sheffield Hallam University/ UK

- Deliver theoretical lectures and practical sessions for undergraduate and postgraduate physiotherapy students.
- Mark assignments in some modules.

Teaching Assistant

2004-2005

University of Jordan

- Assisting with the delivery of practical sessions for pre-designed courses.

Administration experience

Membership in committees (at the level of department, school and university) 2011-now

- Committee for postgraduate studies
- Committee for conferences and seminars
- Committee for Tobacco control
- Committee for clinics activation
- Committee for enhancing employability skills
- Committee for environment affairs
- Committee for students advisory
- Investigation committees

Head of physiotherapy department/ University of Jordan

2012-2014

- Responsible for managing academic and administrative staff.
- Responsible for department budget.
- Responsible for students' registration.
- Interview candidates applying for scholarships.
- Hold regular meetings.
- Develop networking with other universities.

Education

PhD Physiotherapy

2011

Sheffield Hallam University/ UK

MSc. Applied Physiotherapy

2006

Sheffield Hallam University/ UK

BSc. Physiotherapy

2004

University of Jordan/ Jordan

Research interest

Physiotherapy education

Physical activity assessment and intervention

Ethics in rehabilitation

Health awareness of smoking and physical inactivity

Funded projects

- Teaching clinical reasoning for physiotherapy students using the International Classification for Health and Disability (ICF) as a framework. Funded by the Scientific Deanship. PI. Dr. Dania Qutishat.
- Prevalence and contributing factors to falls and injurious falls among community-dwelling older adults living in Jordan. Funded by the Scientific Deanship. PI: Dr. Jennifer Muheidat.

Ongoing research

- Perceptions on physiotherapy clinical education: A Jordanian experience. PI: Dr. Jennifer Muheidat.
- Gait related dual tasking changes in adults with low vision. In collaboration with the German Jordanian University. PI: Dr. Jennifer Muheidat.
- Perception of physiotherapy students toward exercise and the effectiveness of an exercise program on their physical fitness. PI: Dr. Lara Al Khlaifat.

Taught courses

- Therapeutic Exercise I
- Therapeutic Exercise II
- Clinical musculoskeletal physiotherapy
- Principles and ethics of rehabilitation
- Management and Leadership
- Biomechanics
- Test and measurements

Relevant skills and courses

- Responsible conduct of research Fellow (2019). University of San Diego and Jordan University of Science and Technology.
- Tobacco treatment specialist (2014) - KHCC.
- Associate lecturer workshops (2010) - Extensive course into teaching skills, lecturing and assessment methods. 6 weeks course; Sheffield Hallam University / UK.
- UK GRAD School, Nottingham / UK (2007) - a 4 day residential course developing, communication, team working, leadership, commercial awareness and problem solving.

Initiatives

- **Moving for Health** **2019**

Raise awareness about physical activity. It involves fitness assessment and providing a variety of exercises and sport related skills to the students and staff at JU.

- **Breathe easy campaign.** **2014/ 2019**
Launch a campaign as part of the anti smoking committee activities, aims to run series of activities across JU.
- **Smoke free school.** **2014**
Announce the school of rehabilitation sciences as a smoke free faculty. The announcement was declared during an open day and cooperation with KHCC and Tobacco free Jordan.
- **Smoke free certificate** **2016**
Awarded by the King Hussain Cancer Centre.
- **A green School** **2017**
Run awareness activities to promote protection of the environment through waste sorting and recycling.

Voluntary work and community service

- Member in the Tobacco free Jordan society.
- Offer help for students who are planning to quit smoking by advice and motivational interviewing.

Professional membership

- Member of the Jordanian Physiotherapy Society.

Publications

- **Dania Qutishat**, Jennifer Muhaidat, Maha Mohammad, Rasha Okasheh, Lara Al-Khlaifat & Emad Al-Yahya. (2019). Exploring attitudes of physiotherapy students towards a community-based project used as a learning tool. *Physiotherapy Theory and Practice*.
- **Dania Qutishat**, Emad Al-Yahya, Maha T. Mohammad, Jennifer Muhaidat, Lara Al-Khlaifat and Rasha Okasheh. (2020). The application of the International Classification of Functioning, Disability and Health as a framework in clinical reasoning; Educators' and graduates' perspectives: A qualitative study. *Physical Therapy Reviews*.
- Peter Allmark, Angela M. Tod, Ann McDonnell, Khamis Al-Alawy, Kaye Mann, Emma Hollis, **Dania Qutishat**, Marcus Williamson and Alison Iliff. (2012). Evaluation of the impact of a smoke-free home initiative in Rotherham, a deprived district in Northern England. *European Journal of Public Health*. 22 (2Pp) 248-251.
- Prevention and Lifestyle Behaviour Change A Competence Framework. (2011). NHS. Yorkshire and Humber.
- Emad Al-Yahya, Maha T. Mohammad, Jennifer Muhaidat, Saddam Al Demour, **Dania Qutishat**, Lara Al-Khlaifat, Rasha Okasheh, Sophie Lawrie, Patrick Esser, and Helen Dawes. (2019). Functional Balance and Gait Characteristics in Men With Lower Urinary Tract Symptoms Secondary to Benign Prostatic Hyperplasia. *American Journal of Men's Health*. 1-10.
- Maha T. Mohammad , Jennifer Muhaidat ,Munther S. Momani, Lara Al-Khlaifat, Rasha Okasheh, **Dania Qutishat**, and Emad Al-Yahya (2019). Translation and Psychometric Properties of the Arabic Version of Michigan Neuropathy Screening Instrument in Type 2 Diabetes. *Journal of Diabetes Research*. 1-5.

- Rasha Okasheh , Emad Al-Yahya, Lara Al-Khlaifat, Nihad Almasri, Jennifer Muhaidat , and **Dania Qutishat**. Advancing Cardiorespiratory Physiotherapy Practice in a Developing Country: Surveying and Benchmarking. (2019). Rehabilitation Research and Practice.1-5.
- Lara Al-Khlaifat, Rasha Okasheh, Jennifer Muhaidat, Ziad M Hawamdeh, **Dania Qutishat**, Emad Al-Yahya, Jihad M Al-Ajlouni & Maha T. Mohammad (2020) Perceptions and performance of exercise in people with knee osteoarthritis in the Middle East: are they different to countries in the developed world? A qualitative study in Jordan, Physiotherapy Theory and Practice, DOI: 10.1080/09593985.2020.1728793
- Jennifer Muhaidat, Emad Al-Yahya, Maha T. Mohammad, **Dania Qutishat**, Rasha Okasheh, Lara Al-Khlaifat, Sophie Lawrie, Patrick Esser & Helen Dawes (2020) Dual-tasking in older women: physical activity or else?, Journal of Women & Aging, DOI: 10.1080/08952841.2020.1819177
- Lara Al-Khlaifat, Rasha Okasheh, Jennifer Muhaidat, Ziad M. Hawamdeh, **Dania Qutishat**, Emad Al-yahya, Jihad M. Al-ajlouni, Maha T. Mohammad, "Knowledge of Knee Osteoarthritis and Its Impact on Health in the Middle East: Are They Different to Countries in the Developed World? A Qualitative Study", Rehabilitation Research and Practice, vol. 2020, ArticleID 9829825, 9 pages, (2020). <https://doi.org/10.1155/2020/9829825>.
- Aldughmi, M., **Qutaishat, D.** & Karasneh, R. (2021). Knowledge and Perceptions of Honorary Authorship among Health Care Researchers: Online Cross-sectional Survey Data from the Middle East. Science and Engineering Ethics 27, 39. <https://doi.org/10.1007/s11948-021-00317-6>